







A SENSE OF IRELAND

30TH September – 6TH October 2018















Where

have we

been!



litchen





Kitchen Time is making hourly commercial kitchen space available to artisan food producers at very affordable prices and in a very innovative way



Coffee and Food enterprise using local produce and people







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Where have we been!

Hi I'm Fergal and I'm responsible for the operation, marketing and administrative progression of the Food Hub thefoodhub

KEFIR

Natura

We want to leave a legacy of artisan food production











have we





avrshirechamber





have we

learned!







Steven McKay Catering Manager, University of St Andrews

Inspirational people, with a genuine connection to the community, through determination and hard work can make a real difference

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Understanding the needs of the community and the local producers is key. Bringing them all together in a central place helps create and sustain a local food network

Having a compelling local food network story really supports the commercial success of a network

Social enterprises, financially-sound and with a welltrained team, can lay the foundations for strong local food networks that can massively contribute to local employment and growth



have we

learned!







Julie Ryan Project Co-ordinator Forth Environment Link

Ireland has been a hugely inspiring and humbling experience. It has furthered my belief that people have the power to make positive change within their communities and how, more often than not, food and drink is the catalyst for such change

The success of a network rests on a shared vision, commitment and sense of social responsibility

Emergent local identities have led to a new found sense of pride and responsibility to make communities richer, providing a platform for local producers to establish food networks that tell a story and attract both national and international interest

People are at the heart of developing and sustaining local food networks

Establishing local food networks allows new routes to market to be established, which in turn supports the sustainability of a local economy



have we

learned!

Start small, and

look and see

in the first

instance

what networks

you have in your

local community







Barbara Wardlaw Co-Ordinator, Fife Farmers' Market

Networking with local heritage, cultures and arts organisations can assist in the promotion of businesses and projects. They can enhance the customer experience of farmers' markets too

Networking with others can lead you to help and advice you may need in all parts of your business

Don't wait for others to do things for you. Just get on and fix it yourself and don't waste time! This has been an inspiring journey. Through a severe economic downturn in the country we have seen ho enthusiastic & passionate individuals can come together to change lives through food and drink. Networking can link and regrow a local community by bringing people together to learn, collaborate and grow



have we

learned!







Fiona Richmond Head of Regional Food, Scotland Food & Drink

This has been an enlightening and stimulating experience in so many ways, and has reinforced my fundamental belief in the power of food networks, however defined, to galvanise communities, grow a region's food and drink economy, foster a positive food culture with pride in the value of local produce, and put an area on the map as a food tourism destination

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of a network and focus on that

Always be clear about

the purpose and vision

Partner with other relevant sectors too - heritage, textiles, crafts and others

Collaborate - working

much more than

working alone

together can achieve so

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have we

learned!

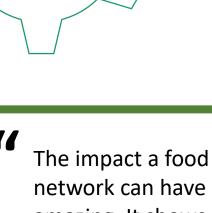


Michelle Stevenson, **Hospitality Dept, Ayrshire College**

This trip has shown me how important having a food network can be to a community and how passionate the people in Ireland are about their country and the communities they live in

I have learnt what a food network is for the first time - something I hadn't come across before. It's not taught or spoken about during my course, so the trip has motivated me to find out more and get involved

network can have is amazing. It shows what can be achieved when people come together. It's been impressive to see the amount of work and dedication from volunteers too







have we

learned!





Sandy Fraser The Blane Valley Inn & The Oak Tree Inn

Food networks have inspired me, and I will be taking this home to help and encourage the local community to work together

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The region's food and drink has flourished due to the collaboration between communities, food networks, volunteer effort & a positive attitude of businesses We have visited and experienced a vast variety of different businesses. Each of them generously shared their own inspiring story of how they started, flourished and, in some cases, survived throughout difficult times

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have we

learned!







Stephen McDonach Lochaber Environmental Group

Witnessing the achievements of the *Food Hub* in Leitrum and *Partas* in Talla has shown how the social enterprise model can merge with privately owned entities to facilitate a sustainable environment for growers, producers and consumers

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The visit has given me a greater understanding of the challenges and opportunities faced by businesses, and just how much networks can offer to both groups and the wider community

We've seen how small producers have been able to exploit their ability to change at pace, harvesting fragile resources such as high value seaweed in a way larger business could not. Challenging routes to market can be helped by integrating powerful storytelling into a business, as this is appealing to the buyers of local produce

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SUMMING UP

Food Networks...



- Can be a powerful force for change
- Can help to grow a region's food and drink economy
- Can bring people, businesses and communities together
- Can help a region to develop its reputation for quality, local food and drink and drive tourism
- Require dynamic leadership; a shared vision amongst the group; a strong identity; stable funding and a positive & enthusiastic attitude amongst its members